

Rank	Bib	Name	Surname	Age Group	Time
1	498	Mark	APSEY	M Snr	29:19.3
2	401	Alexander	WHEARITY	M Snr	29:48.7
3	317	Matthew	BLAGG	M Snr	30:09.7
4	408	Dean	HARRIS	M Snr	30:57.0
5	534	Steve	JEFFERY	M V50	31:26.3
6	440	Ed	JONES	M Snr	31:50.0
7	535	Andy	BLENKINSOP	M Snr	32:00.6
8	435	Matthew	RAYNOR	M 16U	32:21.6
9	543	Tony	WALKER	M V50	33:38.3
10	519	Chris	PAYNE	M Snr	33:48.6
11	369	Karl	NORFOLK	M Snr	33:59.9
12	338	Pete	FLINT	M Snr	34:19.3
13	331	Edward	BUCKLEY	M 16U	34:22.0
14	378	Mick	KENNISH-WARD	M V50	34:43.4
15	370	Kate	ROBSON	F Snr	35:04.8
16	490	Simon	WRAIGHT	M Snr	35:18.0
17	395	Paul	SIDDLE	M Snr	35:30.0
18	314	Daniel	TURNER	M Snr	35:46.5
19	542	Nick	ONSLow	M Snr	35:49.2
20	537	Rob	EUSTACE	M Snr	36:12.5
21	489	Richard	MUSSON	M Snr	36:13.3
22	525	Jack	BRADLEY	M Snr	36:23.3
23	518	Graeme	HAMLETT	M Snr	36:27.0
24	484	Paul	FIELD	M Snr	36:40.9
25	453	Aaron	OLIVER	M Snr	36:42.4
26	344	Trevor	SMITH	M V50	36:54.0
27	312	Peter	GRIGOLEIT	M V50	37:02.9
28	476	Richard	RAYNOR	M V50	37:06.0
29	405	Russ	ELLIOTT	M Snr	37:26.4
30	483	Kal	ROWES	M 16U	37:35.5
31	432	Clive	GOODWILL	M Snr	37:47.2
32	305	Tom	STECKIW	M V50	38:06.5
33	449	Helen	POOLE	F Snr	38:31.7
34	350	Mike	HOGAN	M Snr	38:36.9
35	533	Ethan	KEABLE	M 16U	38:38.1
36	465	Tim	FOWLER	M V50	38:38.3
37	517	Callum	SAVINGS	M 12U	38:57.4
38	469	Silverio	GOVERNO	M Snr	39:21.1
39	335	David	WILSON	M Snr	39:35.2
40	388	Simon	PENDER	M V50	39:43.3
41	491	Harry	TURNER	M Snr	39:44.1
42	515	Andrew	GIBB	M Snr	39:53.1
43	410	Carike	STEYTLER	F Snr	39:54.0
44	521	Oliver	PHILPOTT	M 16U	40:12.1
45	481	Claudia	HOWES	F Snr	40:12.6
46	361	Phil	CARTER	M Snr	40:13.7
47	459	Luke	WESCOTT	M Snr	40:21.8
48	376	Claire	ELDRIDGE	F Snr	40:25.9
49	529	David	BIBBY	M Snr	40:43.7
50	520	Lisa	PHILPOTT	F Snr	40:46.0
51	455	Adam	HAZELWOOD	M Snr	40:47.8
52	422	Tony	DUCK	M V50	40:53.8
53	340	Martyn	WARNER	M Snr	40:55.6
54	306	Steven	BENNETT	M Snr	40:58.1
55	451	Andy	BREWER	M Snr	40:59.5
56	313	Gareth	HALL	M Snr	41:03.3
57	437	David	PILLING	M Snr	41:10.6
58	436	Claire	RAYNOR	F Snr	41:16.1
59	430	Sarad	THAPA	M Snr	41:24.9
60	475	Ben	MONEY	M Snr	41:25.8
61	528	Victor	LONG	M Snr	41:36.4
62	354	Louise	SMITH	F Snr	41:42.4

63	462 Mike	WILCOX	M Snr	42:05.1
64	374 Andy	FEAST	M V50	42:06.0
65	480 Charles	HART	M 16U	42:13.8
66	310 Stephen Glyn	MERRIFIELD-HUNTINGTON-BCM	V50	42:16.5
67	478 Simon	HART	M V50	42:19.7
68	423 David	THOMAS	M Snr	42:29.0
69	400 Rob	STAIT	M Snr	42:41.0
70	540 Sarah	SHARPE	F Snr	42:45.5
71	473 Tony	RIPLEY	M V50	42:50.0
72	366 Dave	WRIGHT	M V50	42:54.9
73	399 Samantha	BAYLE	F V50	43:05.5
74	416 Holger	SCHADE	M V50	43:10.4
75	353 Joe	WHITE	M Snr	43:15.5
76	398 Bogdan	STEFANESCU	M Snr	43:19.3
77	320 Teresa	ROBBINS	F Snr	43:20.4
78	439 Adam	SHERGOLD	M Snr	43:35.9
79	444 Rodger	ROBBINS	M V50	43:37.5
80	471 Max	RODGER	M Snr	43:37.8
81	301 David	FRIEND	M V50	43:47.1
82	407 Pascal	SOCCARD	M V50	43:49.1
83	365 Theo	PRESSNER	M V50	43:52.2
84	360 Liam	DICKS	M Snr	43:53.6
85	461 Richard	CAIRNS	M V50	43:56.8
86	463 Henriette	VAN SCHALKWYK	F V50	44:00.5
87	426 Kayleigh	SPIRES	F Snr	44:06.0
88	319 Tim	ATKINS	M Snr	44:28.7
89	457 Rob	POND	M Snr	44:29.0
90	329 Joanna	JONES	F Snr	44:32.0
91	391 Jon	BONE	M Snr	44:32.3
92	380 Mark	WARD	M V50	44:36.9
93	536 Steve	BIENKOWSKI	M V50	44:39.8
94	325 Alex	BRISTOW	M Snr	44:41.8
95	497 Matthew	TUCKER	M Snr	44:42.6
96	539 Iain	ORCHARD	M Snr	44:44.1
97	499 Paul	HOLLINGSWORTH	M Snr	44:47.9
98	467 James	TREWIN	M Snr	44:48.6
99	488 Vicky Rodd	RODD	F Snr	44:51.7
100	318 Philip	WOOD	M Snr	44:53.6
101	356 Claire	BAILEY	F Snr	45:04.0
102	512 James	MCGUINNITY	M Snr	45:11.4
103	487 Claire	SHARPE	F Snr	45:17.3
104	464 Sharon	MILLER	F V50	45:18.0
105	382 Gary	SHAUGHNESSY	M V50	45:18.4
106	342 Joanne	EDWARDS	F Snr	45:24.6
107	420 Lisa	HURRY	F V50	45:32.3
108	309 Jack	STANLEY	M Snr	45:41.6
109	349 Alex	GOLDING	M Snr	45:43.0
110	456 Kerry	MARTIN	F Snr	46:01.7
111	355 Matthew	BAILEY	M Snr	46:07.1
112	501 Jacquelyn	WIGNALL	F Snr	46:11.3
113	482 James	HELLEM	M Snr	46:15.8
114	507 Hayley	FLETCHER	F V50	46:21.6
115	307 Tony	STANLEY	M V50	46:28.7
116	343 David	RANSON	M Snr	46:32.1
117	385 Jon	HART	M V50	46:34.0
118	413 Jamie	BOND	M Snr	46:35.6
119	379 Tracy	KENNISH-WARD	F Snr	46:42.4
120	485 Rich	EBURNE	M Snr	46:44.2
121	394 Ben	KEEN	M Snr	46:44.8
122	377 Claire	HOUSE	F Snr	46:48.2
123	433 Amy	BUSHELL	F Snr	46:48.5
124	322 Paul	COURTNEY	M V50	46:48.7
125	368 Luke	ONSLow	M 12U	46:49.5
126	460 Christine	CAIRNS	F V50	47:01.4

127	445 Jane	BAILEY	F Snr	47:03.3
128	450 Sharon	RILEY	F Snr	47:07.9
129	339 Ian	NELSON	M Snr	47:24.6
130	414 Ashleigh	HARTNELL	F Snr	47:25.2
131	341 Zac	WARNER	M 16U	47:26.9
132	513 Rachel	BEASLEY	F Snr	47:28.8
133	458 Will	POND	M Snr	47:57.5
134	330 Caroline	BUCKLEY	F Snr	48:04.5
135	474 Jess	NASH	F Snr	48:06.8
136	411 Richard	BARKER	M V50	48:12.4
137	527 Darren	ALLWRIGHT	M Snr	48:12.6
138	393 James	KEELEY	M 12U	48:24.4
139	392 Ian	KEELEY	M Snr	48:24.6
140	324 Caleb	BECKETT	M 12U	48:25.3
141	412 John	MCELROY	M V50	48:26.0
142	443 Ali	NAYLOR	F Snr	48:26.5
143	510 Gemma	MOSELEY	F Snr	48:31.9
144	346 Paul	CASWELL	M V50	48:32.5
145	347 Teresa	CASWELL	F Snr	48:33.5
146	364 Chris	CRANSTON	M Snr	48:33.5
147	323 Sam	BECKETT	M Snr	48:35.2
148	402 Chris	WOODS	M Snr	48:41.1
149	311 Tracey	GRIGOLEIT	F V50	48:43.3
150	384 John	RIDOUT	M V50	48:44.8
151	383 Janet	SHAUGHNESSY	F V50	48:56.8
152	387 Becky	HART	F 16U	49:06.3
153	390 Russ	JARVIS	M Snr	49:18.6
154	502 Lucy	STEAD	F Snr	49:33.2
155	503 Jamie	STEAD	M Snr	49:34.3
156	308 Joanne	STANLEY	F V50	50:01.0
157	470 Emily	HODGSON	F Snr	50:06.1
158	375 Hannah	WOOD	F Snr	50:10.4
159	389 Vicky	HAMBLIN	F Snr	50:18.0
160	418 Kevin	KENNEALLY	M Snr	50:21.1
161	419 Nicole	FULLER	F Snr	50:35.8
162	544 Barry	SPRAGG	M V50	50:56.4
163	334 Eleanor	STANLEY	F Snr	50:58.5
164	434 Tony	MUDKINS	M Snr	51:00.4
165	514 Natasha	PALFREY	F Snr	51:01.6
166	425 Heidi	CRAVEN	F Snr	51:21.6
167	472 Marcel	MOOLMAN	M Snr	51:42.5
168	404 Charlotte	HENKEY	F Snr	51:44.0
169	403 Laura	MAHONEY	F Snr	51:44.1
170	362 Vicky	RUSSELL	F Snr	51:48.3
171	321 Stephanie	RICHARDSON	F Snr	51:51.7
172	505 Amber	VAN POPPEL	F Snr	52:40.2
173	415 John	ADAMS	M Snr	52:50.1
174	351 Nicola	HOGAN	F Snr	52:55.0
175	357 Colette	WILSON	F Snr	53:08.7
176	486 Karen	NASH	F V50	53:09.6
177	468 Andy	NASH	M V50	53:09.6
178	406 Douglas	VAUGHAN	M V50	53:31.5
179	372 Graham	SALES	M Snr	53:33.4
180	447 Alexis	OGDEN	F Snr	53:43.0
181	438 Rob	HUITSON	M V50	53:43.0
182	371 Amber	JANE	F Snr	53:43.8
183	428 Matthew	PERMAN	M Snr	54:11.3
184	429 Joe	HEARNE	M Snr	54:13.2
185	386 Tracy	HART	F Snr	54:18.9
186	337 Hannah	CARVER	F Snr	54:20.3
187	441 Rhiannon	HOWELLS	F Snr	54:28.5
188	363 Robert	LISSMANN	M Snr	54:40.1
189	494 Kelly	DOE	F Snr	54:50.7
190	500 Fiona	HOLLOWAY	F V50	54:50.7

191	326 Kris	HULCOOP-ALLEN	M Snr	54:52.6
192	358 Rachel	COOPER	F Snr	54:57.9
193	492 Danielle	SMITH	F Snr	55:04.0
194	381 Julie	WARD	F V50	55:04.1
195	541 Jeff	EVANS	M 16U	55:48.2
196	304 Paula	STECKIW	F V50	56:15.1
197	506 Claire	LONG	F 16U	56:20.9
198	531 Nathaniel	HARRIS	M 12U	56:21.2
199	547 Leila	COURAGE	F 12U	56:26.7
200	545 Miles	COURAGE	M Snr	56:26.9
201	427 Izzy	BARKER	F Snr	56:30.1
202	333 Julie	ADDAWAY	F Snr	56:36.7
203	516 Katie	FARRAR	F Snr	56:39.3
204	397 Alison	ROBBINS	F Snr	56:40.2
205	477 Michael	PATCH	M V50	56:48.0
206	336 Melissa	MYLES	F Snr	56:48.7
207	532 Andy	TUCKER	M Snr	56:54.3
208	522 Gemma	DAVIES	F Snr	56:54.5
209	373 Nicola	WATSON	F Snr	57:11.3
210	359 Ian	COTTRELL	M Snr	57:12.0
211	546 India	COURAGE	F 16U	57:12.5
212	530 Louise	HARRIS	F Snr	57:53.9
213	417 Andrew	YOUNG	M V50	58:04.2
214	424 Lucy	YOUNG	F Snr	58:05.9
215	316 Erica	FAIRHURST	F V50	59:11.3
216	315 Spike	FAIRHURST	M V50	59:12.4
217	452 Claire	VARNDELL	F Snr	59:46.6
218	442 Meriel	FLEMING	F Snr	00:21.2
219	396 Gillian	BAPTIST	F V50	00:28.6
220	454 Barry	GILBERT	M V50	00:34.1
221	431 Anthony	LANE	M V50	02:20.3
222	511 Kim	MCGUINNITY	F Snr	03:14.8
223	504 Alex	SPRAGG	M Snr	03:19.5
224	526 Alex	ROBEY	M Snr	03:25.7
225	446 Sarah	IDZERDA	F Snr	05:12.8
226	345 Gill	KEIGHTLEY	F Snr	05:14.4
227	303 Katie	HULCOOP-ALLEN	F Snr	06:32.2
228	302 Jessica	ROGERS	F Snr	06:32.3
229	509 Xanthe	DANIELSKA	F Snr	08:26.1
230	328 Eleanor	KIRBY	F Snr	08:45.7
231	327 Mark	GOLDING	M Snr	08:49.5
232	409 John	HART	M V50	17:57.8
DNS	508 Janet	MANNERS	F V50	DNS
DNS	496 Anthony	BUSHELL	M Snr	DNS
DNS	448 Ollie	HAYNES	M Snr	DNS
DNS	421 Thalia	WATKIN	F 16U	DNS
DNS	352 Pauline	JONES	F Snr	DNS
DNS	348 Greg	HAYNES	M Snr	DNS
DNS	332 Shaun			